

9th Annual

OSMC Halloween 5k Run

Youth 1 Mile Run and Kids' Fun Run

9 am

Sunday, October 26th, 2008

ALL PROCEEDS TO A. A. COUNTY SPECIAL OLYMPICS

Location: The Orthopaedic & Sports Medicine Center, 108 Forbes St., West Annapolis.
Entry Fee: \$20 - must be postmarked no later than October 6, 2008.
Packet Pick Up: 7:30-8:30 on race day. 5K race starts 9 a.m. 1 Mile starts at 9:45 a.m.
Distance: 5k and Youth Run 1 mile through scenic residential streets.
Directions: 108 Forbes Street, Annapolis MD - From Rt 50, take Exit 24 to Rowe Blvd./ Annapolis South. At first light, left onto Melvin Ave, . Forbes St on right. Street parking in the vicinity. (OSMC is across from the Navy Stadium).

!! Prizes !! Best Costume. 5K -Overall 1st & 2nd (male & female) and 1st & 2nd age group awards. 1 Mile run is Non-scored and FREE

Results will be posted on www.osmc.net For more info 443-688-5011 or pcarroll@osmc.net

MAKE CHECKS PAYABLE TO: OSMC HALLOWEEN 5K RUN MAIL IN DEADLINE: 10/6/2008

\$20 by 10/06/08: (with T-shirt) \$20 Race Day registration: (No T-shirt)

Send checks and entry form to: The Orthopaedic & Sports Medicine Center, LLC 8638 Veteran's Highway, Millersville, MD 21108 Attention: The Race Director

LAST NAME: FIRST NAME Phone

STREET CITY STATE ZIP

EMAIL ADDRESS

AGE ON RACE DAY : YRS MALE FEMALE SHIRT SIZE: S M L XL

WAIVER & RELEASE: I recognize that participating in this activity may involve certain hazards. I understand that I should not participate unless medically able. I assume the risks associated with involvement in this activity, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the condition of the road, traffic on the course, are all risks being known and appreciated by me. Having read this Waiver and Release, knowing these facts, and in consideration of my being accepted into this race, I, for myself and anyone entitled to act on my behalf, waive and release The Orthopaedic and Sports Medicine Center, LLC, all sponsors and hosts and their representatives and successors from all claims or liabilities of any kind arising from my involvement in this event.

SIGNATURE OF SIGNATURE OF ENTRANT DATE

SIGNATURE OF PARENT IF ENTRANT UNDER 18 DATE

Best Costume prize !

5k - Overall & Age Group prizes !

Games

Random prizes !

All Kids Get Prizes