

## **Patient Instructions Fracture Bracing**

You have been fitted with a functional fracture bracing device. This brace is designed to support fracture instability during healing. Proper use and wear are critical to obtain desired results. Frequent follow-up and adjustment may be required. This device does not provide absolute protection against further injury. The following suggestions will help maximize comfort and brace function.

1. Wear brace only as directed.
2. Remove brace only as per your physicians instructions.
3. Changes in weight and/or muscle tone will affect brace fitting and function. Adjustment may be required.
4. Always wear a clean, dry liner sock as provided under brace. Socks should be changed as indicated by physician or orthotist. Assistance will be required to change socks.
5. Oxford or athletic shoes must be worn at all times (leg braces).
6. Slings or harnesses should be worn as directed (arm braces).
7. Any frayed, torn straps or loose hardware should be repaired immediately.
8. Irritation, redness or unusual swelling should be brought to your physician's attention.
9. Fracture braces are most effective when worn snugly. Wear as instructed.
10. Keep any scheduled follow-up visits with your physician or orthotist.

### **Special Instructions**

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